



Catholic Charities NJ Hope and Healing April 2021 Virtual Calendar

For more information to receive crisis counseling services pertaining to COVID-19, call 732-204-6510 or email at hopeandhealing@ccdom.org
CLICK LINK TO REGISTER or dial in at 1 929 205 6099

Mondays

April 5th, 12th, 19th, 26th Meditation Monday in English & Spanish - 4:30 pm Meeting ID 910 3766 3230

<https://zoom.us/meeting/register/tJUtdO6uqDgoGdTu4XxZ400B2EI0UyQCiTkd>

April 5th, 12th, 19th, 26th Meditation Monday in English & Spanish - 12 pm Meeting ID 944 0185 2214

<https://zoom.us/meeting/register/tJApd-igqzkoG9A-uxBn9xCehw3uxtKmwC3H>

Tuesdays

April 6th Self-Care, 13th Gardening, 20th Exercise, 27th Health - Tipster Tuesday - 4 pm Meeting ID 940 3740 5944

https://zoom.us/meeting/register/tJAtdO6srj4jHtDQw_zgyd9iKkORFC5EhFTy

April 6th, 13th, 20th, 27th Health & Wellness - 3:30 pm Meeting ID 938 1353 7211

<https://zoom.us/meeting/register/tJclduqtrTwoG9VKWU8KI2CprHq57XXGrdtm>

Wednesdays

April 7th, 14th, 21st, 28th Crafts for Kids - 4 pm Meeting ID 922 5150 9968

<https://zoom.us/meeting/register/tJYvucitrjIjHNz3nygX6l4Ht83PywTpZeOt>

April 7th Easter Event - 3 pm Meeting ID 971 2878 3465

<https://zoom.us/meeting/register/tJMsdGvpjguHNEhSv7S1M6PybIXPtb0ZXqF>

April 14th & 28th Un Té y Conversamos - 7 pm Meeting ID 784 560 2312

<https://zoom.us/my/unteyconversamos>

Thursdays

April 1st, 8th, 15th, 22nd, 29th Thankfulness Thursdays: Expressing Gratitude - 10 am Meeting ID 965 9506 9643

<https://zoom.us/meeting/register/tJIofuyqDIIsHtcFIWz7ZhObx71m8gJ00pf->

April 1st, 8th, 15th, 22nd, 29th Self-Care - 12 pm Meeting ID 979 9483 2550

https://zoom.us/meeting/register/tJMkfu2qrTkvH9R-ed4CjzcxRLE3E+8_yIMo

April 8th Family Yoga - 4:30 pm Meeting ID 998 3197 5738

<https://zoom.us/meeting/register/tJ0ldOihqT4tGdxrpe6XT6-sVqPaHlnheCPa>

April 8th & 22nd The Golden Hour Senior Support Group - 9:30 am Meeting ID 961 9918 0869 Passcode 452033

<https://zoom.us/j/96199180869?pwd=cnJVMFJhWXJPSXRdCUJ5Kzq4dGR2QT09> by phone 1 929 436 2866 (NY)

April 15th Decompress & Disconnect - Come Relax with Us - 2 pm Meeting ID 939 3849 1760

<https://zoom.us/meeting/register/tJckdOGspzotHNTk8P-degk1KCXOeTCmS5QP>

April 22nd Story Book Time - 11 am Meeting ID 938 5211 4628

<https://zoom.us/meeting/register/tJclcuuprz8sGNzlh8qZab1QD07IHLH9trsQ>

April 29th Covid -19: A Year Later - 5 pm Meeting ID 926 4791 2856

<https://zoom.us/meeting/register/tJYrc-6hrzkiH9JXMDf1CvVeqsC94yVFjOaM>

Fridays

April 9th Jeopardy; April 16th Memory Games; April 23rd Wheel of Fortune; April 30th Bingo - 4:30 pm

Meeting ID 930 7147 2451 <https://zoom.us/meeting/register/tJctcOisqTkuH9XP-JCkThcC0aeVqNP19b57>