

START



A program of The Center for Great Expectations
for pregnant and postpartum persons striving
to maintain recovery

START is an in-home and telehealth program, focusing on early relational health within the mother-child dyad to change the trajectory of intergenerational trauma and substance use.

Clients will receive:

Peer Recovery Support: Mentoring, coaching and support from a certified peer recovery specialist.

Integrated Doula and Case Management: Doulas provide birth preparation, labor support and postpartum care as well as wrap-around services: transportation, assistance with housing and employment and support of other social determinants of health.

Counseling with a Licensed Clinician: Client-centered counseling services focus on supporting an attuned, responsive relationship between mother and child and long-term recovery.

An on-staff APN provides pharmacotherapy as needed.

All services are free and provided for 18 months in-home or through telehealth.

Hunterdon, Middlesex, Morris and Somerset Counties

120 Finderne Avenue
Bridgewater, NJ 08807
Phone: (732) 247-7003 ext. 422

Essex, West Hudson and Union Counties

332 South 8th Street
Newark, NJ 07103
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Or email cflynn@cge-nj.org.



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An in-home program of

The Center for
Great Expectations

Embracing change. Empowering futures.

